**ΙΑΤΡΙΚΟ ΚΕΝΤΡΟ « ΑΓΙΑ ΜΑΡΙΝΑ »** Παύλου Βαλδασερίδη 10, 6018 Λάρνακα Τηλ.: +357 24636343 – Fax: 24641333 email: ayiamarinamedicalcenter@gmail.com



« AYIA MARINA » MEDICAL CENTER

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# **CURRICULUM VITAE**

## PERSONAL INFORMATION

□ Name	:	Lampros Liasis
□ Address	:	10 Pavlou Valdaseridi, 6018, Larnaka
□ Phone Number	:	+357 99375335
		+357 24636343
🗆 Email	:	liasis.surgery@gmail.com
□ Date of Birth	:	06/06/1978
□ Nationality	:	Cypriot

## **EDUCATION**

## **Qualifications:**

•	10/2018	Fellow American College of Surgeons, FACS.
•	05/2017	<b>Doctoral Thesis, PhD</b> : Excellent. 1st Propaedeutic Surgical Department, Hippokration General Hospital, University of Athens, School of Medicine.
•	09/2015	Fellow of the Royal College of Surgeons, FRCS.
•	1997 – 2003	<b>Medical Degree</b> : Very Good. University of Athens, School of Medicine, Athens, Greece.



## **Training:**

•	07/2012	CCT (Certificate of Completion of Training) in General Surgery, Dec. No: 4565/19-07-12
•	10/2010	Advanced Course in Laparoscopic Digestive Surgery. European Institute of Tele-Surgery, Strasbourg, France.
•	04/2007	Clinical Microdialysis Course. Karolinska Institute – Stockholm, Sweden.
•	02/2007	Definitive Surgical Trauma Care (DSTC). International Association for the surgery of Trauma and Surgical Care Unit.
•	02/2007	Advanced Trauma Life Support (ATLS). American College of Surgeons.
•	06/2005	Advanced Life Support (ALS). European Resuscitation Council.

# PROFESSIONAL EXPERIENCE

## **Present Positions:**

<b>1.</b> 10/2021 – present:	<b>Consultant General Surgeon,</b> Ayia Marina Medical Centre, Larnaka, Cyprus
<b>2.</b> 09/2021 – present:	<b>Consultant General Surgeon,</b> St Raphael Hospital, Larnaka, Cyprus

# **Previous Experience:**

<b>1.</b> 06/2020 – 08/2021:	<b>Consultant General Surgeon,</b> Clementine & Churchill BMI Private Hospital, London, UK
<b>2.</b> 06/2017 – 08/2021:	<b>Consultant General Surgeon,</b> The Cavell BMI Private Hospital, London, UK



3.	06/2017 - 08/2021:	<b>Consultant General Surgeon,</b> The King's Oak BMI Private Hospital, London, UK.
4.	12/2014 - 08/2021:	<b>Consultant General Surgeon,</b> TrustPlus Private Hospital, London, UK.
5.	01/2014 - 08/2021:	<b>Consultant General, Emergency and Laparoscopic Surgery</b> , London North West Healthcare NHS Trust.
6.	2013 - 2014	<b>Senior Clinical Fellow</b> in Major Trauma and Emergency Surgery, King's College Hospital NHS Foundation Trust, London, UK.
7.	2013 - 2014	<b>Private Theatre Assistance</b> to Prof R. H. Kennedy, The London Clinic, Harley Street, London, UK.
8.	10/2012 - 01/2013	Honorary Clinical Assistant, St Marks Hospital Foundation, London, UK.
9.	09/2011 - 03/2012	<b>Fellowship in Colorectal Surgery</b> , Section of Colon and Rectal Surgery, Division of Surgical Oncology, Department of Surgery, Scott & White Memorial Hospital, Temple, Texas, USA.
10.	. 12/2005 – 09/2011	<b>Higher Surgical Training – Specialty in General Surgery</b> , 1st Surgical Department, Red Cross Hospital, Athens, Greece.
11.	. 08/2004 - 09/2005	<b>Pre - Registration House Officer</b> , Larnaka General Hospital, Cyprus.

## ACADEMIC EXPERIENCE

- 1. 10/2021 Scientific Collaborator in Surgery, European University Cyprus, Nicosia, Cyprus
- 2. 12/2014 Honorary Clinical Senior Lecturer (Associate Professor) in Surgery, Imperial College School of Medicine, London, UK.



3.	01/201	<ul> <li>Educational Supervisor for High Surgical and Core Training Trainees, as well as for Foundation Year Doctors, London Northwest Deanery, UK.</li> </ul>
4.	01/201	4- <b>Clinical Supervisor</b> for High Surgical and Core Training Trainees, as well as for Foundation Year Doctors, London Northwest Deanery, UK.
5.	2015 -	<b>Invited Speaker</b> of the Royal College of Surgeons - Surgical Careers Afternoons for medical students.
6.	2015 -	<b>Instructor</b> of the Royal College of Surgeons – The Care of Critically Ill Surgical Patient Course (CCrISP course)
7.	2015 -	<b>Interviewer</b> for the Imperial College School of Medicine admission interviews
8.	2015 -	<b>Examiner for final year Surgical PACE's and Year 3 OSCE's</b> , of the Imperial College School of Medicine, London, UK.
9.	2014 -	<b>Examiner</b> of the laparoscopic simulator for the Core Surgical Trainee SITE exams, London Deaneries.
10.	2015 -	<b>Interviewer</b> of the High Surgical Training National Recruitment Process, UK.
11.	2015 -	<b>Clinical Lead and Interviewer</b> of the National Core Training Recruitment Process, UK.
12.	2014 -	<b>Principal Investigator and Clinical Lead</b> at Northwest London Hospitals NHS Trust for major National Audits or Clinical Trials related with General Surgery.
	a.	The National Complicated Diverticulitis Audit (CADS) 2014 – Principal Investigator and Clinical Lead at London Northwest Healthcare NHS Trust
	b.	National Emergency Laparotomy Audit 2014 – Surgical Lead at London Northwest Healthcare NHS Trust



- **c.** National Sepsis Audit 2013 Member of the King's College Hospital Audit Team
- d. National Enhanced Peri Operative Care for High risk patients (EPOCH) clinical trial - Principal Investigator and Surgical Lead at Northwest London Hospitals NHS Trust
- 13. 2015 Reviewer in Peer Reviewed Scientific Journals
  - a. British Medical Journal (BMJ) Case Reports
  - **b.** World Journal of Gastroenterology
  - c. Measurement
  - d. The Ochsner Journal

## 14. Memberships:

- a. Fellow of the American College of Surgeons (FACS), No: 03291167
- b. Fellow of the Royal College of Surgeons (FRCS), No: 9077430
- c. General Medical Council (GMC), No: 7337334
- d. Hellenic Surgical Society, No: 2065
- e. Athens Medical Council, No: 27646
- f. Cyprus Medical Council, No: 003718
- g. British Hernia Society



#### **TEACHING EXPERIENCE**

- 1. Undergraduates medical students teaching (European University Cyprus School Of Medicine) Nicosia, Cyprus (2021 today)
- Undergraduates medical students teaching (Imperial College School of Medicine 3rd and 5th year) – London North West Healthcare NHS Trust (2014 – today) -Lectures, Teaching during ward rounds, theatres and clinics.
- 3. Postgraduates students teaching (Researcher fellows and Clinical Academic Fellows)
   London North West Healthcare NHS Trust (2014 today) Lectures, Teaching during ward rounds, theatres and clinics and during on call.
- **4.** Undergraduates medical students teaching King's College Medical School, London, UK (2013) ward round and theatre teaching.
- 5. Educational and Clinical Supervisor for High Surgical and Core Training Trainees, as well as for Foundation Year Doctors - London Northwest Healthcare NHS Trust, London, UK (2014 – today) - Lectures, Teaching during ward rounds, theatres and clinics and during on call. Also Weekly mortality and morbidity lectures, journal club teaching and monthly clinical governance lectures.
- 6. Undergraduates international medical students teaching (Students from medical schools out of the UK doing their elective placement in our department) London North West Healthcare NHS Trust (2014 today) Lectures, Teaching during ward rounds, theatres and clinics)
- Surgical Trainees Teaching King's College Hospital NHS Trust, London, UK (2013)
   Lectures, Teaching during ward rounds, theatres and clinics and during on call. Also Weekly mortality and morbidity lectures, journal club teaching and monthly clinical governance lectures.
- 8. Surgical Trainees Teaching Hellenic Red Cross Hospital, Athens, Greece (2006 2011) Lectures, Teaching during ward rounds, theatres and clinics and during on call, weekly mortality and morbidity lectures, journal club teaching and monthly clinical governance lectures. I was also responsible to organise and run the monthly multiple choice exams.
- **9.** Teaching on courses and lectures organise by the Royal College of Surgeons (2014 today).



- a. Instructor on CCrISP Course (Care of Critically Ill Surgical Patient) 3 day course that runs twice a year)
- b. Invited of the Royal College of Surgeons Speaker for the Careers Afternoon programme that the Royal College of Surgeons held for medical students.
- **10. Teaching in the annual induction week for the core surgical trainees** organise by the London Teaching Committee for Surgery (2015 2017).

# SUMMARY OF RESEARCH WORK

## **Publication List**

- 1. Senra-Lorenzana FS, Navaratne L, Liasis L, Martínez-Isla A; Endoscopic Holmium Laser Lithotripsy (EHLL) as an Alternative Minimally Invasive Therapy to the Surgical Management of Bouveret Syndrome;Indian Journal of Surgery, 2022:1-4.
- Zafar N, Kashora F, Qurashi K, Al-Musawi J, Watfah J, Liasis L, Sen M, Gould S, J Vaizey C, Warusavitarne J, Leo CA; Mitigating surgical emergency practice during COVID-19 pandemic? Ann Ital Chir. 2021 Jun 21;10:S0003469X21035259.
- **3.** Ntourakis D., Liasis L. Damage control resuscitation in patients with major trauma: prospects and challenges. Journal of Emergency and Critical Care Medicine. 2020 10(21037):20-24.
- 4. Stephens TJ, Peden CJ, Haines R, Grocott MPW, Murray D, Cromwell D, Johnston C, Hare S, Lourtie J, Drake S, Martin GP, Pearse RM; Enhanced Perioperative Care for High-risk patients (EPOCH) trial group. Hospital-level evaluation of the effect of a national quality improvement programme: time-series analysis of registry data. BMJ Qual Saf. 2019 Sep 12.
- 5. Peden CJ, Stephens T, Martin G, Kahan BC, Thomson A, Rivett K, Wells D, Richardson G, Kerry S, Bion J, Pearse RM; Enhanced Peri-Operative Care for High-risk patients (EPOCH) trial group. Effectiveness of a national quality improvement programme to improve survival after emergency abdominal surgery (EPOCH): a stepped-wedge cluster-randomised trial. Lancet. 2019 Apr 25.
- 6. Stephens TJ, Peden CJ, Pearse RM, Shaw SE, Abbott TEF, Jones EL, Kocman D, Martin G; EPOCH trial group. Correction to: Improving care at scale: process evaluation of a multi-component quality improvement intervention to reduce mortality after emergency abdominal surgery (EPOCH trial). Implement Sci. 2018 Dec 10;13(1):148.



- 7. Kedrzycki M., Liasis L., Watfah J., Malietzis G., Jenkins J., Pring T. Management of Caecal diverticulitis: A Systematic Review. Br J Surg. 2018; 105, 170-170
- Kedrzycki M., Hodgkinson J., Kashyap J., Leo A., Liasis L., Watfah J.. Management of Acute Diverticulitis in a Large Dedicated Emergency Surgical Unit: an Audit of Current Practice and Recommendations for the Future. Br J Surg. 2018; 105, 91-91
- Walsh U., Rashid S., Bokhari S., Gould S., Watfah J., Qurashi K., Sen M., Liasis L. Time to Train. The Bulletin of the Royal College of Surgeons of England. 2018; 100 (4), 163-168
- Turner J., Liasis L., Malietzis G., Chase A., Reddy S., Rao V., Clark C. Prognostic Impact of Lymph Node Ratio in Obstructive Colorectal Cancer. J Can Epi Treat. 2017;1(4):8-12
- 11. UK National Surgical Research Collaborative. Multicentre observational study of adherence to Sepsis Six guidelines in emergency general surgery. Br J Surg. 2017 Jan;104(2):e165-e171
- **12.** CADS Study Group. National complicated acute diverticulitis (CADS) study: a protocol for a prospective observational scoping study for acute diverticulitis. BMJ Open Gastro 2016;3:e000117.
- Liasis L., Malietzis G., Galyfos G., Athanasiou T., Papaconstantinou H., Sigala F., Zografos G., Filis K. The Emerging Role of Microdialysis in Diabetic Patients Undergoing Amputation for Limb Ischaemia. Wound Repair Regen. 2016 Nov;24(6):1073-1080
- 14. Liasis L, Howells L., Papaconstantinou HT. Not-so-Minor Injuries: Delayed Diagnosis of a Large Splinter. Arch Trauma Res. (In Press)
- **15.** Liasis L, Howells L., Papaconstantinou HT. Iatrogenic Rectal Cyst Formation. Hellenic Journal of Surgery. 2016;88(2):97-101
- **16.** Liasis L., Papaconstantinou HT. Colorectal cancer implant in an external haemorrhoidal skin tag. Proc(Bayl Univ Med Cent). 2016;29(2):1-2
- Bokhari S., Walsh U., Qurashi K., Liasis L, Watfah J, Sen M., Gould S. Impact of a dedicated emergency surgical unit on early laparoscopic cholecystectomy for acute cholecystitis. Ann R Coll Surg Engl 2016
- **18.** Howells L., Liasis L. Spontaneous Resolution of Sigmoid Obstruction: The Vanishing Gallstone. Hellenic Journal of Surgery. 2015;87(5):437-438
- Howells L., Liasis L., Demosthenous M. Gallstone Coleus: A rare Relation of Gallstone Ileus. International Journal of Surgery and Research. 2015 Jun;2(4):28-31
- **20.** Bokhari S, Kulendran M, Liasis L, Qurashi K, Sen M, Gould S. Implementation of a novel emergency surgical unit significantly improves the management of gallstone pancreatitis. Ann R Coll Surg Engl 2015 May;97(4):308-14.



- Liasis L, Tierris I, Fotini L, Clark CE, Papaconstantinou HT. Re: Traumatic abdominal wall hernia classifications. J Trauma Acute Care Surg. 2013 Sept;75(3):537
- Essani R, Liasis L, Vasilakis V, Papaconstantinou HT. Impacts of obesity on outcomes of single-incision laparoscopic colectomy. Dis Colon Rectum 2013 56(4):E306-E307
- 23. Liasis L, Papaconstantinou HT, Tierris I, Clarence CE. Ulcerative colitis in patient with Sickle Cell Disease: a nature conspiracy that turns surgeon's decision into a challenge. Hellenic Journal of Surgery. 2013;80(5):55-57
- 24. Liasis L, Tierris I, Lazarioti F, Clark CE, Papaconstantinou HT. Traumatic abdominal wall hernia Is the treatment strategy a real problem? J Trauma Acute Care Surg. 2013 Apr;74(4):1156-62
- 25. Vasilakis V, Clark CE, Liasis L, Papaconstantinou HT. Non-cosmetic benefits of single-incision laparoscopic sigmoid colectomy for Diverticular disease: A case matched comparison with multiport laparoscopic technique. J Surg Res. 2013 Apr;180(2):201-7
- 26. Vasilakis V, Liasis L, Gosney J, Golden C, Papaconstantinou HT. Single- incision laparoscopic surgery: Impact on direct cost and resource utilization for right colectomy. Hellenic Journal of Surgery. 2012;84(6):364-371
- 27. Liasis L, Tierris I, Mylonas S, Tzardis P, Sophocleous G, Laopodis V. Acute abdominal wall hernia after low-energy blunt trauma. Hellenic Journal of Surgery. 2012;84(2):198-200.
- **28.** CE Clark, L Liasis, HT Papaconstantinou. The evidence for single-incision laparoscopic colectomy: is it time to adopt? Minerva Chir. 2012 Apr;67(2):111-26.
- 29. Ntourakis D, Sergentanis TN, Georgiopoulos I, Papadopoulou E, Liasis L, Kriticos E, Tzardis P, Laopodis V. Subclinical activation of coagulation and fibrinolysis in laparoscopic cholecystectomy: Do risk factors exist?Int J Surg. 2011;9(5):374-7. Epub 2011 Mar 1.
- **30.** V. Laopodis, L. Liasis, P. Stephanidis, D. Ntourakis, F. Katzianis and P. Tzardis. Congenital agenesis of the gallbladder: An unpleasant surprise during laparoscopic cholecystectomy. Hellenic Journal of Surgery. 2010;82(6):378-380.
- 31. BenteStallknecht, Ulrika Berg, Gang Ren, Simon Farnebo, Michael Boschmann, Li Felländer-Tsai, Matteo Tozzi, Li AlemoMunters, Andreas Ohlin, IwonaMaruniak-Chudek, L Liasis, Ivana Dostalova, CharlottaDabrosin, BjoernKlawitter. Monitoring tissues. Journal of 4th International Conference on Clinical Microdialysis. 2007: 78-79



#### **Presentations in Congresses – Scientific Meetings**

#### A) Invited Speaker

- Emergency Surgery An emerging specialty. Royal Society of Medicine, 28th January 2016, London, UK - "Diagnostics and Treatment of Acute Diverticulitis -Current Dilemmas"
- 2. Royal College of Surgeons of England, 7th March 2016, London, UK "Surgical Careers Afternoon for medical students"

#### **B)** Oral Presentations in National / International Congresses

2018 International Surgical Congress, ASGBI, Liverpool, UK (May 2018)

- "Management of Caecal diverticulitis: A Systematic Review" Kedrzycki M., Liasis L., Watfah J., Malietzis G., Jenkins J., Pring T. Northwick Park Hospital, Northwest London Hospitals NHS Trust, Harrow, Middlesex, UK
- "Management of Acute Diverticulitis in a Large Dedicated Emergency Surgical Unit: an Audit of Current Practice and Recommendations for the Future" Kedrzycki M., Hodgkinson J., Kashyap J., Leo A., Liasis L., Watfah J. Northwick Park Hospital, Northwest London Hospitals NHS Trust, Harrow, Middlesex, UK

66<sup>th</sup> International Congress of the European Society for Cardiovascular and Endovascular Surgery, Thessaloniki, Greece (May 2017)

 "Tissue lactate / pyruvate ratio as potential prognostic tool for lower limb amputation in diabetic patients" Liasis L., Toufektzian, L., Galyfos G., Malietzis G., Athanasiou T., Papaconstantinou H., Zografos G., Filis K. Northwick Park Hospital, Northwest London Hospitals NHS Trust, Harrow, Middlesex, UK

Surgical Educators Day, Royal College of Surgeons, London, UK (May, 2016)

**4.** "Time to Train: Impact of a novel Emergency Surgery unit and introduction of a CEPOD role on trainee index procedure numbers"



Walsh U., Patel JV., Rashid S., Liasis L., Bokhari S., Qurashi K., Watfah J., Sen M., Gould S.

Northwick Park Hospital, Northwest London Hospitals NHS Trust, Harrow, Middlesex, UK

ASiT (Association of Surgeons in training) 40th Anniversary Conference, Liverpool, UK (March, 2016)

5. "Time to Train: Impact of a novel Emergency Surgery unit and introduction of a CEPOD role on trainee index procedure numbers" Walsh U., Rashid S., Niestrata-Ortiz M., Gould S., Liasis L. Northwick Park Hospital, Northwest London Hospitals NHS Trust, Harrow, Middlesex, UK

ALSGBI (Advanced Laparoscopic Society of Great Britain and Ireland) Annual Scientific Meeting, Liverpool, UK (November 2015)

6. "Implementation of a dedicated Emergency Surgery Unit: impact on early laparoscopic cholecystectomy for acute cholecystitis"
Bokhari S., Walsh U., Qurashi K., Liasis L., Sen M., Watfah J., Gould S. Northwick Park Hospital, Northwest London Hospitals NHS Trust, Harrow, Middlesex, UK

IARMM 4th World Congress of Clinical Safety, Vienna, Austria (September 2015)

7. "Implementation of a dedicated Emergency Surgery Unit: impact on early laparoscopic cholecystectomy for acute cholecystitis" Bokhari S., Walsh U., Qurashi K., Liasis L., Sen M., Watfah J., Gould S. Northwick Park Hospital, Northwest London Hospitals NHS Trust, Harrow, Middlesex, UK

Annual Scientific Meeting of the American Society of Colon and Rectal Surgeons – Phoenix, USA (April 2013)

 "Impact of Obesity on Outcomes of Single – Incision Laparoscopic Colectomy" Essani R., Liasis L., Vasilakis V., Papaconstantinou H. Scott & White Memorial Hospital and Clinic, Texas A&M University, Department of Surgery, Temple, Texas, USA

28th Pan-Hellenic Congress of Surgery and International Surgical Forum 2012 – Athens, GR (November 2012)

**9.** "Single Incision Laparoscopic Surgery Used to Perform Transanal Endoscopic Microsurgery (SILSTEM): A new technique in three cases"



Liasis L, Tierris I, Papaconstantinou H.

Scott & White Memorial Hospital and Clinic, Texas A&M University, Department of Surgery, Temple, Texas, USA

10. "Single Incision Laparoscopic Total Abdominal Colectomy for IBD Performed Through The Ostomy Site: Initial Experience and Outcomes" Liasis L., Vasilakis V., Tierris I., Clark C., Thomas S., Papaconstantinou H. Scott & White Memorial Hospital and Clinic, Texas A&M University, Department of Surgery, Temple, Texas, USA

XXV International Society of University Colon and Rectal Surgeons Biennial Congress – Bologna, Italy (June 2012)

- "Single Incision Laparoscopic Right Colectomy: Impact on Direct Cost and Resource Utilization in the Operating Room" Vasilakis V., Liasis L., Clark C., Gosney J., Thomas S., Papaconstantinou H. Scott & White Memorial Hospital and Clinic, Texas A&M University, Department of Surgery, Temple, Texas, USA
- 12. "Single Incision Laparoscopic Total Abdominal Colectomy for IBD Performed Through The Ostomy Site: Initial Experience and Outcomes" Liasis L., Vasilakis V., Clark C., Thomas S., Papaconstantinou H. Scott & White Memorial Hospital and Clinic, Texas A&M University, Department of Surgery, Temple, Texas, USA

14th Hellenic Congress of Enteral and Parenteral Nutrition – Alexandroupolis, GR (November 2010)

11. "Ethical dilemmas in nutrition of patients with final stage malignancy - THE GREEK REALITY" Liasis L., Stavrakis I., Tzardis P., Konstantinou Ch., Tierris I., Nazari E., Laopodis V. 1st Surgical Department, Hellenic Red Cross Hospital, Athens, Greece

27th Hellenic Surgical Congress – Athens, GR (November 2010)

11. "Congenital agenesis of the gallbladder: An unpleasant surprise during laparoscopic cholecystectomy"

Liasis L., Katzianis F., Stephanidis P., Karathanasis I., Tzardis P., Laopodis V. 1st Surgical Department, Hellenic Red Cross Hospital, Athens, Greece

12. "Acute traumatic abdominal wall hernia" Liasis L., Mylonas S., Stavrakis I., Tsachiridi M., Sophocleous G., Tzardis P., Laopodis V.

1st Surgical Department, Hellenic Red Cross Hospital, Athens, Greece

13. "The uses of bio-absorbable plug in complex colorectal fistulas repair. Early results"



Tzardis P., Mylonas S., Tierris I., Liasis L., Tsachiridi M., Laopodis V. 1st Surgical Department, Hellenic Red Cross Hospital, Athens, Greece

14. "The use of fibrin sealants Glubran®2 in inguinal hernia repair" Tzardis P., Kriticos E., Tierris I., Liasis L., Mathioulaki A., Laopodis V. 1st Surgical Department, Hellenic Red Cross Hospital, Athens, Greece

5th Conference of Hellenic Society of Trauma & Emergency Surgery – Athens, GR (February 2009)

**15.** ""IV drug users and alcohol abusers in emergency surgical department - are these the different faces of the same coin?"

Ntourakis D.<sup>1</sup>, Mylonas S.<sup>1</sup>, Liasis L.<sup>1</sup>, Karathanasis I.<sup>1</sup>, Mathioulaki A.<sup>1</sup>, Fassaris A.<sup>2</sup>, Konstantinou Ch.<sup>1</sup>, Giannopoulos P.<sup>1</sup>, Tzardis P.<sup>1</sup>

<sup>1</sup> 1st Surgical Department, <sup>2</sup> Anaesthesia Department, Hellenic Red Cross Hospital, Athens, Greece

26th Hellenic Surgical Congress - Athens, GR (November 2008)

- 16. "Surgical Intervention in Left Colon Disease 2003-2008 review"
  - Liasis L.<sup>1</sup>, Stavrakis I.<sup>1</sup>, Ntourakis D.<sup>1</sup>, Tzardis P.<sup>1</sup>, Karathanasis I.<sup>1</sup>, Rizzotti L.<sup>2</sup>, Laopodis V.<sup>1</sup>

<sup>1</sup>1st Surgical Department, <sup>2</sup>Anaesthesia Department, Hellenic Red Cross Hospital, Athens, Greece

**17.** "The use of the biosynthetic pork mesh "Permacol®" for surgical repair of abdominal wall hernias"

Tzardis P., Tsovolou I., Giannopoulos P., Konstantinou Ch., Kriticos E., Stephanidis P., Ereikat S., Liasis L., Laopodis V..

- 1st Surgical Department, Hellenic Red Cross Hospital, Athens, Greece
- **18.** "The use of microdialysis for the optimal level of amputation, in patient with peripheral vascular disease "

Kriticos E., Tzardis P., Liasis L., Tsovolou I., Stavrakis I., Mylonas S., Pirgakis K., Laopodis V.

1st Surgical Department, Hellenic Red Cross Hospital, Athens, Greece

19. "Subclavian Central Venous Catheter placement with the use of 2D ultrasonography " Ntourakis D., Liasis L., Tzardis P., Katzianis F., Mylonas S., Laopodis V. 1st Surgical Department, Hellenic Red Cross Hospital, Athens, Greece

20. "Intraluminal abscess in rectal stump after Hartmann procedure in patient with Crohn's Disease - case report "
Stephanidis P., Stavrakis I., Liasis L., Tampakis Ch., Katzianis F., Kriticos E., Laopodis V.



1st Surgical Department, Hellenic Red Cross Hospital, Athens, Greece

3rd Hellenic Conference & International Forum, Hellenic College of Surgeons – Athens, GR (April 2008)

21. "The use of platelet's growth factors for the decubitus ulcer healing -early results" Giannopoulos P., Tsovolou I., Tsipas P., Liasis L., Tampakis Ch., Ntourakis D., Tzardis P.

1st Surgical Department, Hellenic Red Cross Hospital, Athens, Greece.

4th International Conference on Clinical Microdialysis - Cambridge, UK (September 2007)

22. "The application of microdialysis on Diabetic foot" Liasis L., Kriticos E., Tzardis P., Stephanidis P., Ntourakis D., Tampakis Ch., Tsipas P., Konstantinou Ch., Tsovolou I., Laopodis V. 1<sup>st</sup> Surgical Department, Hellenic Red Cross Hospital, Athens, Greece

4th Conference of Hellenic Society of Trauma & Emergency Surgery – Athens, GR (February 2007)

23. "Explorative laparotomy for trauma - Is there a decreasing rate?" Ntourakis D., Liasis L., Tampakis Ch., Tsipas P., Konstantinou Ch., Tsovolou I., Kritikos E 1st Surgical Department, Hellenic Red Cross Hospital, Athens, Greece.

25th Hellenic Surgical Congress – Athens, Greece (November 2006)

24. "14 years of laparoscopic cholecystectomy at a specialized centre - Daily considerations "

Tzardis P.<sup>1</sup>, Stephanidis.<sup>1</sup>, Kriticos E.<sup>1</sup>, Ntourakis D.<sup>1</sup>, Konstantinou Ch.<sup>1</sup>, Liasis L.<sup>1</sup>, Rizzotti L.<sup>2</sup>, Laopodis V.<sup>1</sup>

<sup>1</sup>1st Surgical Department, <sup>2</sup>Anaesthesia Department, Hellenic Red Cross Hospital, Athens, Greece

- 25. "Changes in coagulation system after laparoscopic cholecystectomy" Kriticos E.<sup>1</sup>, Ntourakis D.<sup>1</sup>, Panayiotou N<sup>2</sup>, Papadopoulou E.<sup>3</sup>, Mavrokephalos A.<sup>3</sup>, Georgiopoulos I<sup>1</sup>, Liasis L.<sup>1</sup>, Tzardis P.<sup>1</sup>, Rizzotti L.<sup>2</sup>, Laopodis V.<sup>1</sup> <sup>1</sup>1st Surgical Department, <sup>2</sup>Hematology Laboratory, <sup>3</sup>Triplex Ultrasonography Department, <sup>4</sup>Anaesthesia Department, Hellenic Red Cross Hospital, Athens, Greece
- 26. "Post-surgical hernia repair with the use of sub lay biosynthetic mesh" Kriticos E.<sup>1</sup>, Tzardis P.<sup>1</sup>, Stephanidis P.<sup>1</sup>, Daskalakis K.1, Ntourakis D.<sup>1</sup>, Liasis L.<sup>1</sup>, Rizzotti L.<sup>2</sup>, Laopodis V.<sup>1</sup>
  <sup>1</sup>1st Surgical Department, <sup>2</sup>Anaesthesia Department, Hellenic Red Cross Hospital,

Athens, Greece



#### Academic Meetings & courses Attended

- 1. Medical Expert Training in Bariatric Surgery,  $21^{st} 23^{rd}$  June 2022, Bruge, Belgium.
- 2. Coloproctology Meeting on Functional Bowel and Pelvic Disorders for Colorectal and Pelvic Surgeon, 1<sup>st</sup> April 2022, Athens, GR.
- London North West University Healthcare NHS Trust, Educational Supervisor Workshop, 14<sup>th</sup> April 2021, London, UK.
- Small Bowel Obstruction Webminar. Association of Surgeons of Great Britain and Ireland, 1<sup>st</sup> April 2021, London, UK
- 5. Royal College of Anaesthetics: Getting more from NELA data, 22<sup>nd</sup> March 2021, UK.
- **6.** Frontiers in Colorectal and Gastrointestinal Disease: Difficult Decisions in GI Disease 19th & 20th December 2020, St Marks Academic Institute.
- 7. British Hernia Society Virtual Conference, 2<sup>nd</sup> 3<sup>rd</sup> November 2020.
- 16<sup>th</sup> Annual International Congress Frontiers in Intestinal and Colorectal Disease \_ St Mark's Hospital & Academic Institute, 27th – 30th November 2018, London, UK
- 9. 31st Hellenic Surgical Congress \_ 21st 24th November 2018, Athens, GR
- Lap. Ventral Hernia Repair & Lap. Inguinal (TAPP) Hernia Repair Masterclass 26-27 April 2018, Leicester, UK.
- Baxter Advanced Surgery Bristol Hernia Cadaver Training Day 14<sup>th</sup> November 2017, Bristol, UK
- **12.** Emergency surgery and the future of general surgery, prize presentations and presidential address 2nd December 2016, RSM, London, UK
- 13. 14<sup>th</sup> Annual International Congress Frontiers in Intestinal and Colorectal Disease \_ St Mark's Hospital & Academic Institute, 22 – 25 November 2015, London, UK
- 14. Emergency Surgical Conference 16th September 2016, Oxford, UK
- 15. Advanced Laparoscopic Biliary Surgery 25th April 2016, London, UK
- **16.** Emergency Surgery An emerging specialty. Royal Society of Medicine, 28th January 2016, London, UK
- 17. 13<sup>th</sup> Annual International Congress Frontiers in Intestinal and Colorectal Disease \_ St Mark's Hospital & Academic Institute, 24 – 27 November 2015, London, UK
- **18.** Cadaver Lab in Component separation for abdominal wall reconstruction 19th March 2015, Cambridge, UK
- **19.** Surgical Controversies in Open Ventral Hernia Repair 18th Of March 2015, Barcelona, Spain
- **20.** South Central Innovation & Surgery Conference Royal College of Surgeons 16th of March 2015, Oxford, UK
- **21.** Final year PACE exams examiner training Imperial College School of Medicine 3rd of March 2015, London, UK



- **22.** Advance Laparoscopic Ventral and TAPP hernia course Leicester 5thDecember 2014, Leicester UK
- **23.** 12th Annual International Congress Frontiers in Intestinal and Colorectal Disease \_\_\_\_\_\_\_ St Mark's Hospital & Academic Institute, 25th 28th November 2014, London, UK
- 24. Training the Trainers of Tomorrow, Module 3 \_ Imperial College HealthCare\_ 10th October 2014
- 25. Training the Trainers of Tomorrow, Module 4 \_ Imperial College HealthCare\_ 10th October 2014
- 26. Appraiser Training \_ Northwick Park Hospital \_ 18th September 2014
- 27. Epoch Activation Educational Meeting \_ St Mary's Hospital \_ 2nd September 2014
- 28. Training the Trainers of Tomorrow, Module 1 \_Imperial College HealthCare\_ 25th July 2014
- **29.** Training the Trainers of Tomorrow, Module 2 \_ Imperial College HealthCare\_ 25th July 2014
- **30.** Management of Complex Colorectal Cancer Workshop \_ St Mark's Hospital & Academic Institute 16thMay 2014, London, UK
- **31.** How to develop your Laparoscopic Colorectal Surgery Workshop \_ St Mark's Hospital & Academic Institute 6thMay 2014, London, UK
- **32.** Trust Clinical Audit Training \_ The North West London Hospital NHS Trust 25th April 2014, London, UK
- **33.** Safety, Leadership & Innovation in colorectal surgery \_ St Mark's Hospital & Imperial College London \_ 14th March 2014, London, UK
- **34.** Hammersmith Consultant Interview Skills Course\_Charring Cross Hospital \_ 9th November 2013, London, UK
- 35. Supervision Skills and Managing Trainees in Difficulty \_ Department of Postgraduate Medical and Dental Education \_ King's College Hospital – 7th June 2013, London, UK
- **36.** Medical Induction \_ King's College Hospital 6th March 2013, London UK
- **37.** Kings Trauma Skills Course with Cadaveric Workshop \_ London Trauma Office \_ Guys Hospital Campus 5th& 6th February 2013, London, UK
- 38. 10th Annual International Congress Frontiers in Intestinal and Colorectal Disease \_\_\_\_\_\_ St Mark's Hospital & Academic Institute – 27th – 29th November 2012, London, UK
- **39.** 17th Enhanced Recovery Study Day \_ St Mark's Hospital & Academic Institute 26th October 2012, London, UK
- **40.** How to develop your Laparoscopic Colorectal Surgery Workshop \_ St Mark's Hospital & Academic Institute 23rd October 2012, London, UK
- **41.** St Mark's Laparoscopy in Emergency in Surgery Study Day \_ St Mark's Hospital & Academic Institute 12th October 2012, London, UK
- **42.** St Mark's Association Annual Scientific Meeting \_ St Mark's Hospital & Academic Institute 5th October 2012, London, UK



- **43.** 14th Hellenic Congress of Enteral and Parenteral Nutrition \_19th 21th November 2012, Alexandroupolis, GR
- 44. 27th Hellenic Surgical Congress 24th 27th November 2010, Athens, GR
- **45.** 4th Hellenic Congress of the Hellenic society of Digestive Surgery \_ 11th 13th June 2010, Athens, GR
- 46. Approach to Technical Nutritional Support \_ 23th May 2009, Athens, GR
- **47.** 9th Hellenic Congress of Laparoendoscopic Surgery \_ 21st 23rd May 2009, Athens, GR
- **48.** 5th Conference of Hellenic Society of Trauma & Emergency Surgery \_ 19th 21st February Athens, GR
- 49. 26th Hellenic Surgical Congress \_ 12th 15th November, Athens, GR
- **50.** 13th Hellenic Meeting of Enteral & Parenteral Nutrition \_ 7th 9th November 2008, Patra, GR
- 51. 4th International Conference on Clinical Microdialysis \_ 19th 21st September 2007, Cambridge, UK
- 52. Clinical Microdialysis Course \_ 12th 13th April 2007, Stockholm, Sweden
- **53.** 5th International postgraduate course "Frontiers in HPB Diseases" \_ 9th 10th March 2007, Athens, GR
- **54.** Postgraduate Course in Focus Assessment Sonography for Trauma (FAST) \_ 25th February 2007, Athens, GR
- **55.** 4th Conference of Hellenic Society of Trauma & Emergency Surgery \_ 22nd 24th February 2007, Athens, GR
- **56.** Postgraduate Course "Dealing with a trauma patient Clinical Education in real time and virtual reality environment" \_ 22nd November 2006, Athens, GR
- 57. 25th Hellenic Surgical Congress 22nd 26th November 2006, Athens, Greece
- 58. Trauma 6th study day of Hellenic Surgical Society \_ 20th June 2006, Athens, Greece
- **59.** Inflammatory bowel disease 3rd study day of Hellenic Surgical Society \_ 21st March 2006, Athens, Greece
- **60.** Gastrointestinal track haemorrhages 3rd study day of Hellenic Surgical Society \_ 20th March 2006, Athens, Greece
- 61. 9th Cypriot Surgical Congress \_ 5th 7th November 2009, Nicosia, Cyprus



#### **RESEARCH STUDIES / MAJOR AUDITS**

My current research interest is mainly focused on UK National Quality Improvement Studies or Major Audits on topics related with General / Emergency Surgery such as:

- The National Complicated Diverticulitis Study (CADS) National Clinical Trial currently on its 3<sup>rd</sup> year focusing on patients who suffer from complicated diverticular disease. I am the Principal Investigator and Clinical Lead at Northwest London Hospitals NHS Trust.
- 2. National Acute Small Bowel Obstruction (NASBO) Clinical Trial National Clinical Trial which started on January 2017 and is focusing on the quality improvement of the clinical outcome of patients who admitted in the hospital with acute small bowel obstruction.
- 3. National Emergency Laparotomy Audit (NELA) It is the biggest National Audit running currently in the UK which is focuses in the improvement of the mortality and morbidity of patient who undergo emergency laparotomy. Study is already running for 4 years and has the participation of all major hospitals across the UK. I am the Surgical Lead of the Study across the Northwest London.
- 4. National Enhanced Peri Operative Care for High risk patients (EPOCH) clinical trial National Clinical Trial that focused on quality improvement of the perioperative period for high risk surgical patients. I am the Surgical Leader of Study for the hospitals based on West London.
- National Sepsis Audit 2013 National Study focusing on quality improvement for patients suffer from Sepsis. I was Member of King's College Hospital's research team.

I am the leading Consultant in numerous local quality improvement studies and audits that are mainly undertaken from the surgical department of the Trust.

As member of the London Northwest Healthcare NHS Trust, we organised and published our research on:

- 1. Impact of a dedicated emergency surgical unit on early laparoscopic cholecystectomy for acute cholecystitis.
- 2. Implementation of a novel emergency surgical unit significantly improves the management of gallstone pancreatitis.



I was the principal surgical researcher of the Scott & White Memorial Hospital, Texas, USA, during 2011-2012.

1. Study and publication of the benefits from Single Incision Laparoscopic Colorectal Surgery. Results were presented to American and European Scientific Meetings and were published on peer reviewed scientific journals.

## **GRANTS**

- 2012 Hellenic Journal of Surgery 5000 euro awarded for the publication "Single- incision laparoscopic surgery: Impact on direct cost and resource utilization for right colectomy.2012;84(6):364-371" as the best publication in the Hellenic Journal of Surgery in 2012.
- 2008 Hellenic Red Cross Hospital Scientific Society 65 000 euro awarded for the financial support of my PhD research.
- **1997 2003** Hellenic National Institution of Scholarships. 12 000 euro awarded for high Academic and ethical performance.

# SUMMARY OF ADMINISTRATIVE EXPERIENCE/ EXPERIENCE IN MEDICAL **EDUCATION/ HEALTH CARE EDUCATION**

- 1. G.I.R.F.T champion Inguinal Hernia London North West University Healthcare NHS Trust, 2018
- 2. Emergency Colorectal Cancer Pathway Proposal based on The NCEPOD Classification of Intervention London North West University Healthcare NHS Trust, 2018
- **3.** Emergency Surgical Unit's Consultant annual work template. (Organise the unique rotating job plan for the Emergency Surgical Unit Consultants in London North West Healthcare NHS Trust).

London North West Healthcare NHS Trust, 1/2014 - till today.



4. Combine Emergency Unit and Anaesthesia mortality & morbidity meeting. I designed and organised the combine M&M meeting of the emergency Surgical Department with the Anaesthetic Department and the ITU Department. It is a monthly meeting with the target to improve the quality of care for the patients undergo emergency laparotomy. The particular meeting was accepted by the National Health Council of Emergency Surgery in Great Britain and has been proposed for implementation in all hospitals of the country.

London North West Healthcare NHS Trust, 9/2015 - till today.

- Design and organise a weekly outpatient clinic session directed for patients suffered a complicated acute diverticulitis episode. Is a unique type of clinic, as there is currently no similar clinic, nationwide.
   London North West Healthcare NHS Trust, 1/2014 till today.
- 6. Re organise and design the departmental rotation for the Surgical Trainees, an ambitious plan to organise the surgical trainees' rota in our department, in order to get the maximum exposure and benefit from the emergency surgery. The final target is to create a national training excellence Emergency Surgical Department. The program was accepted by the joint committee on surgical training and our department was the only department in the Great Britain to triple the training slots.
  London North West Healthcare NHS Trust, 1/2014 10/2016
- Active member of the Patients' Liaison Team who deals with complaints and try to improve the quality of care based on patients and relatives feedback.
   London North West Healthcare NHS Trust, 12/2014 till today.
- Member of the medicolegal team at Northwick Park Hospital who invited by the coroner's court for surgical advice based on medical incidents.
   London North West Healthcare NHS Trust, 10/2014 till today.
- 9. Elected deputy member of the scientific committee of Hellenic Red Cross Hospital. Hellenic Red Cross Hospital, Athens, Greece, 2010 2011.

# SPOKEN LANGUAGES

- MOTHER TONGUE: Greek
- OTHER LANGUAGES: English



#### HONOURS AND AWARDS:

• Best publication of 2012 in the Hellenic Journal of Surgery. Vasilakis V, Liasis L, Gosney J, Golden C, Papaconstantinou HT. Single- incision laparoscopic surgery: Impact on direct cost and resource utilization for right colectomy. Hellenic Journal of Surgery. 2012;84(6):364-371

#### **PROFESSIONAL LINKS:**

- 1. LinkedIn https://www.linkedin.com/in/lampros-liasis-a469384/?originalSubdomain=uk
- 2. Imperial College London https://www.imperial.ac.uk/people/l.liasis
- 3. Google Scholar https://scholar.google.com/citations?user=u--kVU4AAAAJ&hl=en
- 4. BMI Private Healthcare https://www.bmihealthcare.co.uk/consultants/lampros-liasis
- 5. TrustPlus Private Healthcare https://www.trustplus.co.uk/consultant/mr-lampros-liasis